

# NOOK & CRANNY

Monthly Newsletter

August 2021

# BACK 2 SCHOOL

*Inside the Issue*



## DIY HOMEWORK STATION

How to motivate and excite your student to do their studies.

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## SCHOOL SUPPLIES

Stop the chaos of hunting down all the supplies on your child's list!

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## TASTY LUNCHES

Need a time saver when it comes to packing lunches for the week?

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## REGAL CLEANING SERVICES

*Cleaning With Care...*

With your home in five-star shape, **recurring** cleaning will allow you to continue to have more time while keeping your home in five-star shape! Weekly, Bi-Weekly, or Monthly cleaning options are available! So let us help you escape the MESS! Our routine maintenance (regular recurring cleaning) cleaning list for the following areas.



*Call us to book your cleaning today!*



- Kitchen
- Bathrooms
- Bedrooms
- Commons areas

Get your **FREE** quote and book your cleaning today!

**314-226-1916**  
[RegalCleansMO.com](http://RegalCleansMO.com)





How about a homework drawer?!

BACK TO SCHOOL WISDOM  
— NO 01 —

“  
You're off to great  
places. Today is your  
day! Your mountain is  
waiting, so get on your  
way.

Dr. Seuss

## Creating A Homework Station

Ever wonder what it would take to make the kiddos want to do homework? What if they had a place to call their own, and it would give them the ability to focus and enjoy learning. YES - their very own nook - a HOMEWORK station.

While homework is a fact of life, the daily chaos that ensues doesn't have to be.

Make your family's after-school routine less stressful and more enjoyable.

This article gives you 18 ideas to create an awesome homework station for children of all ages to love.

[Read more...](#)



From our family to  
yours, have a safe and  
Happy Memorial Day!





## School Supplies Made Easy

Every August, parents dread the chaotic scavenger hunt of school supplies on their children's list.

Why not make it easier? Order online and have them delivered start to your door!

### AMAZON

Moda West offers Bulk backpacks and school supplies all at your fingertips and keyboard. You can add all the supplies to your cart and have them delivered; if you're a Prime member - 2-day shipping is AWESOME!

### WALMART

Click on the link and be redirected to your supply list. It gives you the option of Elementary through High School.

Once you find the correct supply list, you can add items to your basket, pay, and have them delivered or pick them up curbside at your local store.

## Tasty Lunches

There's an entire website created for easy back to school lunch prep recipes. The site is loaded with videos to create a lunch your kids will love.

### 4 Back-To-School Lunch Prep Recipes (tasty.co)

- Crust-free Nut Butter & Jam Sandwiches
- Turkey, Cheddar & Crackers
- Turkey & Cream Cheese Pinwheels
- And Chicken Marinara

The site is not only for lunches but has mouthwatering recipes like "[3-Ingredient Breakfast Cookies](#)"; seriously what kid wouldn't jump at the chance to have cookies for breakfast? And, they are packed with nutrients.

How about Breakfast Granola Cups? Just jump on the site and make it easy on yourself, and kiddos will thank you.

### Breakfast Granola Cups Recipe by Tasty

