

NOOK & CRANNY

Monthly Newsletter

April 2021

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CLEANING HACKS

Women aren't the only ones who clean, men are included. This article will give you 5-Tips to make cleaning easier.

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TIP OF THE MONTH

Easily clean your microwave - 2 minutes tops!

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SPRING CLEANING ISN'T JUST FOR INDOORS

Need directions to declutter? Seems overwhelming? We've got your back...

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REGAL CLEANING SERVICES

Cleaning With Care...

We know we're not the only competitively priced cleaning service in town, but we make it a priority to guarantee all of our techs are well trained and appreciated. We focus on employee satisfaction to ensure our techs enjoy what they do and take pride in their work. You can be certain that Regal Cleaning Services strives for employee longevity, which in turn means you're hiring a local company giving YOU time back!



Call us to book your cleaning today!



314-226-1916
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CLEANING HACKS cont.

Weekly:

- Pick a day of the week to do each of these and you'll see by Sunday you can enjoy the game or leisure time with family.
- Scrub Toilets, shower, sink and mop bathroom floor.
- Sweep, mop and vacuum all other floors, including the kitchen.
- Kitchen duty: Purge fridge, wipe down outside of fridge, dishwasher, and clean the microwave.
- Clean windows and mirrors
- Dust everything - Swiffers are great and it takes not time at all.
- Saturday - Laundry, change sheets and wash, and all hamper contents.
- Sunday - good job, now enjoy yourself.

CLEANING HACKS

That's right, guys, you can clean too! Here are some quick cleaning hacks to make your chores easier and home cleaner!

If you single or a marriage veteran, then knowing how to clean is a must.

If you haven't cleaned in a while, it can seem daunting and overwhelming. Keeping a clean house is like taking out the trash, changing lightbulbs, or dripping faucet - you have to do to maintain the chaos.

The key is scheduling your cleaning and following the list.

Daily:

- Make the bed (you'd be surprised how good that feels, especially when you climb in at night)
- After getting ready in the morning, give the bathroom sink and counter a quick wipe down.
- If you fix breakfast, clean up the kitchen. Wipe the stove, counter, and rinse the dishes.
- Evening tasks - stove top wipe with a cleaner of your choice, give your kitchen sink a quick rinse, push those dishes in the dishwasher, and if it's full, run it!

All of these will take 15-20 minutes, which will save you time on the weekend.

The idea is to keep up so it's not such a **HUGE** chore.

If you need to start from ground zero, then follow these tips:

- **Tidy** - go through your place and pick up things and put them away.
- **Gear** - make sure you have the correct tools before you start. A tote is a good idea to keep all you cleaning supplies in one place.
- **Patience** - if the stains have been there a while, spray it and wait a few minutes.

Realize that as with anything you will get faster with practice, and in no time you have this down to a science.

EASY PEASY - CLEANING YOUR MICROWAVE

Put a slice of lemon with water in your microwave for 2 minutes.

Wipe clean after steam bath is complete for a fresh microwave.





SPRING CLEANING OUTDOORS

We all have heard of spring-cleaning and assume it's for indoors only!

We wait for several months for spring to peak its head out and relish at the prospect of being outdoors. There's yard work to do, prep for mowing, and more.

But there is spring-cleaning for your outer-home.

Here's a quick rundown of tasks to tackle, and you'll be so glad you did.

Gutters

- Inspect gutters and remove all that debris that has collected over winter and last fall. Leaky gutters can be repaired with a gutter sealant from the inside. Be careful when on the ladder that you don't go higher than recommended.

Garage Door

- This should be washed every spring. Grab a bucket and some dishwashing liquid, suds it up, and wipe with a rag or sponge. Now, rinse with a hose or power washer. Be careful with a power washer that you don't damage siding, trim, or bricks.

Windows

- Windows can look pretty dingy and nasty after rain and snow. Looking out and enjoying the weather can be so tranquil, so you don't want to look through spots and streaks.
- If you have tilt windows, it can be easier to clean the exterior windows, but if you don't, don't despair. A great DIY cleaner that's convenient and inexpensive. Grab a spray bottle, 1/2 c. distilled vinegar (5% acidity), and 1/4 tsp. of liquid dish soap (Dawn if you have it), and 1/2 c. distilled water. Mix all ingredients in the bottle, set to stream. Grab a sponge and the hose; now you're ready!
- You can let windows air dry or wipe with a microfiber cloth.

Cobwebs

- While you're running into the warmth of your home, pesky spiders are building cobwebs on the exterior of your home and garage; if you want, you can use a broom and old towel, walk around your exterior and brush them away. Now your home is looking inviting.

Garbage cans

- Okay, smelly can attract bugs and critters, so cleaning these is not optional. Pour some dish soap into each, lie them on their sides, and use a hose or pressure washer to wash them out.
- Then you can spray them with a household disinfectant to get them smelling great.

Siding

- When washing siding with a power washer, take care not to push water under the siding. Start at the higher areas, so the grime runs down. Also, do this BEFORE windows; otherwise, you just ruined your clean windows.





Deck

- Inspect wooden decks for signs of rot or decay, make necessary repairs. Sweep first, next scrub (oxalic acid to microbes), re-stain if needed.
- Composite decks need power-wash to remove dirt and debris.
- Concrete patios, check for chips or cracks, repair and scrub away stains (walnut stains)

Grill

- This would be easier if you did this last fall at the season end, but alas I think I'm not alone. Take apart your grill to clean. Wash the grates using a wire brush and degreasing agent (Dawn). Remove old drip pans and replace with new.

Lawn Furniture

- Follow your manufacturer suggesting for cleaning your lawn furniture. Simple plastic chairs can be cleaned with a bucket, water, sponge (or cleaning brush) and Dish liquid.

Planters and Flower Pots

- Using a brush and dish liquid, clean inside and out of all planters or pots. Mr. Clean sponge on plastic planters to remove dirt works great.

HERE'S TO YOU!
You're the Best!

REGAL Cleaning Services, LLC
 Cleaning With Care

10% off gift cards for Mother's Day with love!

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No matter how long the winter, spring is sure to follow.

-Anonymous