



Nook & Cranny

May

Newsletter

Inside the Issue

Cleaning for a Reason

Learn more about the organization and what your donation means for recipients.

Cleaning for a Reason is a generous organization that gives back to patients who are fighting cancer by offering free home cleanings. These services are offered in the United States and Canada and aim to provide hope, relief, control, and cleanliness to patients. We are a proud partner of Cleaning for a Reason and have pledged to help them reach their goals. For the month of May, if you donate \$50 under Regal Cleaning Services, you will receive \$150 off a top-to-bottom cleaning.

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Give Back to Save!



HELLO
SPRING
SAVINGS

Donate \$50 to Cleaning
for a Reason to get

\$150 OFF

off a top-to-bottom cleaning

314.226.1916 • regalcleansmo.com

*Exclusions Apply. See Website for Details.

Gardening Tips for Your May Flowers

Need some gardening help? Look no further! Learn to garden by month – your best May practices might be different from your best April practices. Whether you grow flowers, trees, vegetables or fruits, you should make adjustments according to current conditions in your location.

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Help Fulfill the Cleaning for a Reason Mission

Cleaning for a Reason is a 501(c)(3) nonprofit that was founded in 2006 by Cleaning Business Consultant Debbie Sardone. The generous organization offers free home cleanings to cancer patients throughout the United States and Canada so they can spend their time focusing on their health and family. Since 2006, Cleaning for a Reason has been able to serve almost 45,000 patients.

Regal Cleaning Services is a proud partner of Cleaning for a Reason, and our team assists the cause by raising money and donating our time to provide these free cleanings. We believe that a clean house makes a difference in fighting cancer, one patient at a time.

If you were diagnosed with cancer or know anyone with cancer, Regal Cleaning Services will clean your house once per month, absolutely free! Call us today at (314) 226-1916 and we'll set it up!



If you would like to make a contribution, we have a very special offer for you! For the month of May, if you make a \$50 donation under Regal Cleaning Services, you will receive \$150 off a top-to-bottom cleaning. Every donation counts.

[DONATE](#)



Clean Homes for
Cancer Patients™

— AN ISSA CHARITY —

Nook & Cranny
MONTHLY NEWSLETTER

Regal Cleaning Services, LLC

Be sure to read all of the Nook & Cranny Newsletters on the Regal Cleaning Services website.

[NOOK & CRANNY](#)

HAPPY
MOTHER'S
DAY

Regal
Cleaning Services

"We are born of love; Love is
our mother." - Rumi

🐾 NATIONAL PET MONTH 🐾



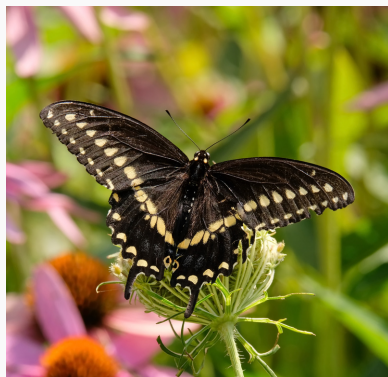
May is National Pet Month! Celebrate your pets by making sure they're getting the proper care they need. Schedule general wellness appointments 1-2 times per year and stay on top of their heartworm prevention. Take care of them so they can be there for you.

How to Care for Your May Garden



Did April showers bring you May flowers? Fruits? Vegetables? Herbs? Here are some tips and tricks for whatever you choose to grow in your garden:

- If spring rains have been sparse, start your irrigation
- Water plants that receive a lot of sunlight more frequently
- Avoid premature removal of spring bulb foliage
- Start planting warm-season annuals and fertilize
- Fertilize houseplants regularly
- Take your houseplants outside on warmer nights so they can get early morning sun
- Don't spray fruits while they are blooming
- Prune unwanted shoots on fruit trees
- Watch for slugs in damp areas as they can be harmful to your vegetables
- Set out tomato plants as your soil warms and peppers after soil has warmed



Bug Identifier: Keep an eye out for black swallowtail butterflies in spring.

The Missouri Botanical Garden is an excellent resource for all of your gardening questions. You can visit their website for advice, tips and tricks each month of the year.



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Ultimate Chocolate Chip Cookies

May 15th is National Chocolate Chip Day! Celebrate by preparing the ultimate batch of chocolate chip cookies. Here's the recipe from Betty Crocker.

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Ingredients:

- 2 1/4 cups Gold Medal™ all-purpose flour
- 1 tsp baking soda
- 1/2 tsp salt
- 1 cup butter, softened
- 3/4 cup granulated sugar
- 3/4 cup packed brown sugar
- 1 egg
- 1 tsp vanilla
- 2 cups semisweet chocolate chips
- 1 cup coarsely chopped nuts, if desired

Steps:

- 1 Heat oven to 375°F. In small bowl, mix flour, baking soda and salt; set aside.
- 2 In large bowl, beat softened butter and sugars with electric mixer on medium speed, or mix with spoon about 1 minute or until fluffy, scraping side of bowl occasionally.
- 3 Beat in egg and vanilla until smooth. Stir in flour mixture just until blended (dough will be stiff). Stir in chocolate chips and nuts.
- 4 Onto ungreased cookie sheets, drop dough by rounded tablespoonfuls 2 inches apart.
- 5 Bake 8 to 10 minutes or until light brown (centers will be soft). Cool 2 minutes; remove from cookie sheet to cooling rack. Cool completely, about 30 minutes. Store covered in airtight container.