Inside the Issue

Giving Pets Another Chance at a Happy Life

Learn More About Gateway Pet Guardians.

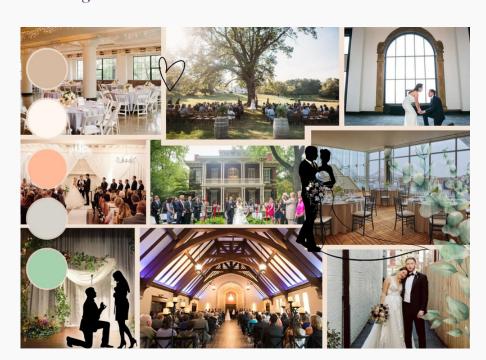
Gateway Pet Guardians is a generous organization in the East St. Louis area that is working hard to end the cycle of animal homelessness. They go "Beyond Rescue" by providing resources to create a community of healthy pets and empowered owners. Adopting a pet is a great alternative to buying from a breeder because it's more affordable and you save multiple lives. When you adopt an animal, not only do you get to take a friend home, but you free up space for another animal to find a family.



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Wedding Planning: Mood Boards

There are a lot of tools and resources out there to help plan your wedding. You most likely have an idea in your head of what you would like, but you might surprise yourself. Zero in on your taste and bring your wedding to life with a mood board.



Gateway Pet Guardians -Changing the Lives of Animals and their Owners * * * * *

Gateway Pet Guardians is an organization in the East St. Louis area that gives back to the community through its efforts to increase the well-being of pets and their owners. They opened the largest pet resource center (54,000 square feet) in the region that not only provides shelter for rescues, but also includes an affordable veterinary clinic, pet supply store and grooming spa.

2021 was a record-breaking year for Gateway Pet Guardians with most pets rescued and adopted or returned to owners. There were more hours devoted to volunteering and fostering than ever before. The organization attributes these successes to the faith, support and teamwork that was shown throughout the year, and they believe 2022 will have an even larger impact on the community. In their Impact Report, they state that "none of this would be possible without the diligence, passion and flexibility of everyone who believes and invests in [their] mission."

There are several ways you can get involved and help Gateway Pet Guardians accomplish their goals. Adopting a pet benefits both you and the animal and creates a domino effect within shelters. Approximately 1.5 million animals are euthanized every year. When you adopt, you free up space for another pet to find their "furever family." Most animals at Gateway Pet Guardians reside in foster homes while they wait to be adopted. This reduces stress, gives them a chance to receive more TLC, and allows for more intake in the shelter. Fostering a rescue is a great way to help because you can support the animal and appreciate the companionship without making a lifetime commitment. You can also volunteer your time or make a monetary donation. Every effort is appreciated!

Find Your Best Friend at Gateway Pet Guardians Today!



Squeak (M)

Octavia (F)

Jess (F)

Adeline (F)





Be sure to read all of the Nook & Cranny Newsletters on the Regal Cleaning Services website.

NOOK & CRANNY



June Special

BOOK



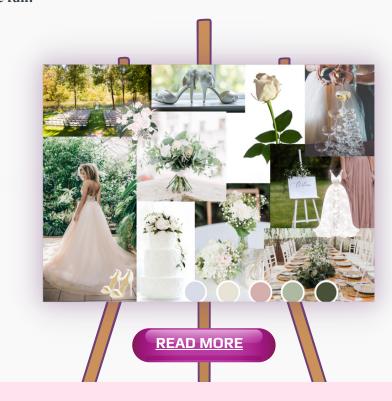
"A father is the one friend upon whom we can always rely." - Emile Gaboriau.

Bring Your Wedding Vision to Life with a Mood Board

While planning a wedding is undoubtedly exciting, it can be extremely stressful. If you're a soon-to-be bride, chances are you have probably been looking forward to your big day since you were a little girl. However, the event you originally pictured might look drastically different. Showcasing your vision in a tangible way can help zero in on your taste and wedding aesthetic. A great way to do this is by creating a physical mood board. Here are some great tips to help you with the process:



- Use your mood board to discover your color palette. See which colors emerge when you start piecing things together. Avoid being tied to specific colors and shades as they might not go well with your venue, overall aesthetic, or the season your wedding is in.
- Get off Pinterest and search for inspiration offline. Grab magazines that catch your eye and cut out what you like. Collect textured items that you can't feel through a screen.
- Put all your ideas together and share them with your vendors. They'll have an easier time creating what you want if they have visual references.
- Look at the bigger picture and don't spend all your time focusing on the smaller details.
- Have fun!



Red, White, and Blueberry Shortcakes



July 4th is almost here, and we have the perfectly festive desert recipe that your family/friends will eat up!

READ MORE



Ingredients:

- 1 can 8 ct. refrigerated Pillsbury Grands! Southern Homestyle Buttermilk Biscuits
- 2 tbsp butter or margarine, melted
- 4-5 tbsp granulated sugar
- 1 c whipping cream
- 2 tbsp powdered sugar
- 1/4 tsp vanilla
- 2 c fresh strawberries, sliced
- 2 c fresh blueberries

Steps:

1. Heat oven to 375°F. Separate dough into 8 biscuits. Dip tops and sides of each into melted butter, then granulated sugar. Place 2 inches apart on ungreased cookie sheet. Bake 13-17 minutes or until golden brown. Cool 5 minutes.

- 2. Beat whipping cream in small bowl until a soft peak forms. Gradually add powdered sugar and vanilla, beating until stiff peaks form.
- 3. To serve, split biscuits and place on 8 desert plates. Layer each with strawberries, blueberries and whipped cream.